IOWA DEPARTMENT OF HUMAN SERVICES







Resource Centers

At

Glenwood and Woodward

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Purpose

The purpose is to provide a variety of treatment and outreach services to people with mental retardation or other developmental disabilities, and to assist residents to reach their individual goals and return to their communities.

Who

The Resource Centers serve people of all ages who have mental retardation or other developmental disabilities. Nearly all of the residents have been denied admission to community-based providers of this level of care, and nearly all residents have mental illness in addition to mental retardation. In SFY08, the two centers served:

Type of Service	GRC	WRC	Total
ICF/MR Residential	356	264	620
Community Programs			
Respite	15	14	29
Supported Community Living	36	50	86
Supported Employment	36	25	61
Community Outreach / Family Centered Services	9	0	9
Time-Limited Assessment	6	3	9
Diagnostic Evaluation	0	3	3

What

Both of the Resource Centers provide the following set of core services:

- ICF/MR residential services
- Diagnostic evaluation
- Assistive technology
- Dysphagia (help with swallowing) and nutritional assessment and management
- Family support and community outreach
- Autism consultation and training
- Services in support of related state, county and community services and programs

How are We Doing?

- Both Glenwood and Woodward have been aggressive in helping residents move to more independent, community-based settings. The number of beds will further decrease by a projected 24 in the coming year (SFY09), bringing the total beds to 523 (Glenwood 309 and Woodward 214).
- Sixty-nine percent of residents earn wages through on- or off-campus employment.
- Eighty-nine percent of residents transitioned to community placement were not readmitted within 180 days of discharge.
- Administrators have eliminated virtually all mechanical restraints or seclusions. Staff has
 received extensive training in the use of alternative methods to deal with patients who are a
 threat to harm themselves or others.
- Both facilities are working to achieve goals established by a 2004 Department of Justice civil rights settlement.. DOJ has agreed to allow an extra year for Glenwood to comply.